

## BOOK REVIEW

Soitu D., Matei, A. coord. (2021). *Ingrijirea de lungă durată. Practici, măsuri, politici*, „A. I. Cuza” University of Iasi Publishing House, 202 p.

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Professor Daniela Șoitu PhD from the Department of Sociology and Social Assistance of “Alexandru Ioan Cuza” University in Iași, is the authoress of numerous volumes and articles, studies and research in the field of social gerontology, social services and socio-medical services for vulnerable people, including the elderly, as well as a project coordinator and a member of research teams.

Aniela Matei is a researcher and a coordinator of the Department of Social Policies at the National Institute for Scientific Research in the Field of Labour and Social Protection, Bucharest. She is an authoress of volumes, articles, studies and research in the field of social services and socio-medical services for vulnerable people, including the elderly, as well as a project coordinator and a member of research teams.

The authors of the volume “Long-term care: practices, measures, policies”, answer, in eight chapters, to questions such as: Do we live better, healthier? Are we happier, more fulfilled? Are there still differences in life expectancy between men and women? What exactly causes these differences? What exactly do we need to do in order to reduce them? How do we prevent social and health risks? How can we increase the well-being of the current generations and of the future ones? What happens when we need help?

It is necessary to have an integrated approach to social and medical services, a change of paradigm by looking for solutions, starting from needs, by emphasizing preventive actions, by co-creating an ecosystem that will consider opportunities, by preventing and by reducing risks. The first chapter of the volume belongs to Professor Daniela Șoitu PhD who, by documentation and professional experience, selected and included in the study two conceptual frames upon the long-term care: a medico-social one, and an integrating-participating-prospective one, with a conceptual frame made around the medical needs of healthcare and their costs, the degenerative aspects of the physical and mental well-being, due to vulnerabilities, but also the insured risks. Another conceptual outlined frame identifies arguments such as: the individual responsibility in social life contexts, the complexity of reports on the health conditions by social determinants, and the concern for the sustainability of the Long-Term Care system.

The authors of the second chapter are Professor Daniela Șoitu PhD, Professor Romeo Asiminei PhD, Alin Andrieș, Mircea Asandului and George Maha. This chapter identifies arguments and explanations whose purpose is to make methodological patterns of analysis and interpretation, the sustainability of Long-Term Care system and relationship between social services and social inclusion. The satisfaction degree of the beneficiaries concludes this first part.

Professor Aniela Matei PhD is the authoress of the third chapter which presents a conceptual and methodological scheme for substantiating an approach to set up public policy measures in the field of long-term care.

The fourth chapter was written by Professor Aniela Matei PhD, Mihaela Ghența PhD, Luise Mladen Macovei PhD and Elena-Silvana Bobârnat PhD. It presents a description of public policy measures in the field of human, financial and material resources, which are necessary for the development of the long-term care system in European countries. It also presents good practices in preparing the health system to provide services to the elderly.

The fifth chapter was made by Professor Aniela Matei PhD, Mihaela Ghența, Professor Luise Mladen Macovei and Elena-Silvana Bobârnat. It describes good practices for long-term care in countries such as Austria, Bulgaria, Finland, Germany, Italy, United Kingdom of Great Britain and Northern Ireland but also Slovenia.

The authors of the sixth chapter are: Professor Daniela Șoitu PhD, Lecturer Nicoleta Moron PhD and Professor Romeo Asminei PhD. It mentions good practices in preparing the health system, regarding the services for the elderly.

The authors of the seventh chapter are: Professor Aniela Matei PhD, Mihaela Ghența PhD, Professor Luise Mladen Macovei PhD and Elena-Silvana Bobârnat PhD, whereas the final chapter was written by Professor Daniela Șoitu. It completes the analyzes and proposals for policy measures - the component of human, financial and material resources, which are necessary for the development of the long-term care system, respectively proposals for policy measures - the component of preparing the health system, regarding the services for the elderly.

The results of the analyzes contained in the volume primarily reflect initiated measures, practices and policies, with results recorded in other cultural and geographical spaces; they are all provided clearly, concisely and illustratively. It reveals defining elements in understanding and using the levers of a current field, of great interest, which quickly developed in European countries: the long-term care, which represents a complex form of providing social, medical, socio-medical and psycho-social services, for a period that exceeds a specified number of days. The volume analyzes the specialized literature, as well as the strategic and methodological framework related to the long-term care sector at the European level and in Romania.